

## 2010 OEC NEWS & REFRESHER INFORMATION

I hope everyone has had an enjoyable summer. Many patrollers have been active since the skiing ended in March. Schuss had 3 successful candidates pass the Basic OEC course in May. There were 4 successful candidates who passed the Basic OEC exam at Mt Holiday in June. There were also 4 successful candidates in Harbor Springs at that OEC Course. Thanks to Ginny Rodeman, Kim Hocking and Sharon Crockett for running those classes. There have also been 6 new OEC Instructors added to our NMR roster. Four completed their mentoring during the Harbor Springs basic OEC Class and 2 completed the process in EMR at several OEC courses held there. Congratulations to everybody. The Summer Program has been active, with 10-12 Instructors and 4-7 patrollers participating over the past three months. Thanks to all who assisted with the classes and the Summer program.

The NM Region OEC Instructors are already hard at work, planning the refresher stations that we all will visit. Please check out the registration form to see what you will need to return in the mail. Also note - the fee for late registration has increased to \$40. I strongly encourage everyone to get their registration in on time to avoid the additional fee.

### **Additional OEC Refreshers –**

These are the other Lower Peninsula refreshers that I am aware of:

Saturday	25-Sep	WMR	Kalamazoo, Bronson Hospital	Jen Squires	<a href="mailto:squirthc@yahoo.com">squirthc@yahoo.com</a>
Saturday	25-Sep	EMR	Mt Brighton Ski Area	Richard Poole	<a href="mailto:richard.poole@globalcrossing.com">richard.poole@globalcrossing.com</a>
Saturday	2-Oct	EMR	Midland	Mark Kuehl	<a href="mailto:judenmark@chartermi.net">judenmark@chartermi.net</a>
<b>Sunday</b>	3-Oct	EMR	Pine Knob Ski Area	Orysia Novajovsky	<a href="mailto:anovajovsky@aol.com">anovajovsky@aol.com</a>
Saturday	9-Oct	WMR	Crystal Mtn Ski Area	Jackie Bottomley	<a href="mailto:jbottomley@charter.net">jbottomley@charter.net</a>
<b>Sunday</b>	10-Oct	WMR	Cannonsburg Ski Area	Mike Fick	<a href="mailto:mficksr@steelcase.com">mficksr@steelcase.com</a>
<b>Sunday</b>	10-Oct	EMR	Alpine Valley Ski Area	Allen Radke	<a href="mailto:theradkes@sbcglobal.net">theradkes@sbcglobal.net</a>
Saturday	23-Oct	WMR	Caberfae Peaks Ski Area	Cassandra Proctor	<a href="mailto:missyoec@hotmail.com">missyoec@hotmail.com</a>
Sunday	24-Oct	EMR	Middle School, Burton MI	Lynnann Hunt	<a href="mailto:mhsplynn@yahoo.com">mhsplynn@yahoo.com</a>

If you wish to attend any of these you will need to contact the person listed next to the refresher for information. Several refreshers limit the number of “outside” patrollers who may attend, so don’t wait!

The fifth edition of the OEC textbook is still scheduled for release in the first quarter of 2011. The refresher next fall (2011) will be conducted using the new book as the reference. Please start saving some money now for purchase of the book when it comes out. Current estimates are it will cost \$65.

I am looking forward to seeing you all at the refreshers or on the snow.

Tena Lechtanski,  
Northern Michigan Region OEC Advisor

# NMR REGION OEC REFRESHER 2010

## LOCATION (same as last year)

Gaylord High School

Date: Saturday, September 25, 2010

Time: Registration 7:15am (Please be seated in the Auditorium by 8:00am)

## What is Required for the 2010 Refresher?

1. Completed answers for the three "You are the Rescuer" scenarios. Bring your original scenario too. Please write your original scenario on a separate piece of paper, as it is turned in separately during registration in the morning. The others will travel with you to the various stations during the day. A prize will be awarded for the best original scenario submitted.
2. Patrol Pack fully stocked. Bring plenty of gloves. Every station is hand's on, and BSI is required at each one.
3. Bring your CPR mask.
4. Be prepared to be outdoors for one or possibly two stations. Warm clothes, rain gear etc.

Attached is the registration form to be filled out and sent back to Lynne Smetzer by **September 15, 2010. Your current OEC card must accompany your registration.**

If you do not have your OEC card, please call MIST (NSP-National Office) at 303-988-1111 to order a new card.

**\*\*\*Please be aware that it does take two to three weeks to get a new OEC card.**

**Please send the following 4 items with your Registration for the Refresher.** These items must be sent to Lynne Smetzer by September 15, 2010

1. Completed Registration form (separate form for each patroller - please)
2. Completed liability release form (separate form for each patroller)
3. Current OEC card
4. Check for \$15.00 made out to "NSP"

## Directions to Gaylord High School

### **From 1-75**

**Exit 282 - Go east on M- 32 (towards downtown).**

**Turn left (north) on to Old 27 at the 4<sup>th</sup> traffic signal (AG Edwards building is on the left).**

**Drive approximately 1.2 miles (past the Hospital). Gaylord High School is on the right.**

**Turn right -drive 500 feet- look for the Gaylord high school signs. Parking is in front of the high school building. Registration will be in the main foyer.**

**2010 NMR OEC REFRESHER**  
**RELEASE FORM**

I understand that I am about to participate in an OEC REFRESHER, Course No. 19378 on the premises of GAYLORD HIGH SCHOOL.

I have volunteered under my own free will to participate in the OEC REFRESHER, which is entirely elective. I have thoroughly investigated and understand what is involved in an OEC REFRESHER.

I understand and acknowledge that the OEC REFRESHER may include, but is not limited to, extensive classroom and/or field work on first aid scenarios, skiing/snowboarding, toboggan handling along with other events which ski patrollers encounter in their duties of patrolling a ski area and for training and education purposes may involve me simulating the role of an injured person (the "Event Activities"). I understand that I will encounter the inherent risks and dangers of patrolling, as well as the additional risk of working by myself and in groups on a variety of terrain and snowpack of varying conditions and difficulties and may involve movement through avalanche terrain, route selection/hazard identification, stability assessments, search and rescue and survival in the field environment. Field sessions may involve locations from which evacuation of participants would be long and difficult, if the participant was injured. I understand and acknowledge that such activity can be dangerous and I knowingly assume the risk of participating in this OEC REFRESHER. As part of this OEC REFRESHER I understand and acknowledge that I may also encounter additional risks not inherent to a normal participant to the sport of skiing or snowboarding. **These additional risks include, but are not limited to, risks of injury to any and all parts of my body and even the risk of death.** These dangers can be caused or created by many factors, which include, but are not limited to, terrain (both on prepared or groomed ski runs and on areas not prepared, maintained or groomed), weather, natural obstacles, man-made obstacles, human error, variable snow conditions, avalanches, and other conditions inherent to my participation in the OEC REFRESHER. By signing this Release, I represent that I understand that injuries or even death from skiing/snowboarding and this OEC REFRESHER are known and recognized occurrences from participation in the sport and the Event Activities, and that **I freely accept and assume all risks of injury or death that might result from my participation in skiing/snowboarding and/or this OEC REFRESHER.**

In consideration of the opportunity to participate in this OEC REFRESHER I acknowledge the following: that I, for myself, my heirs, representatives, agents, servants, employees, successors, assigns, and anyone claiming by or through me, do hereby remise, release, and forever discharge and agree to hold harmless and defend the Ski Area, the GAYLORD PUBLIC SCHOOLS, the National Ski Patrol System, Inc. ("NSP") and any of its subunits, officers, advisors, instructors and members, as well as all fellow participants, both individually and jointly, their respective representatives, agents, servants, attorneys, employees, successors, and assigns, from any and all liability, regardless of any negligence on the part of the same, claims, suits, proceedings, debts, sums of money, accounts, covenants, agreements, promises, judgments, contracts, damages, costs, expenses and demands of whatsoever kind and nature, whether in law or in equity, which I may have, have had, or may at any time hereafter have, arising out of or otherwise connected with, in any way, whether known unknown, foreseen or unforeseen, participating in the OEC REFRESHER.



\*\*\* PLEASE PRINT\*\*\*

**2010 Registration form – Northern Michigan OEC Refresher**

Name: \_\_\_\_\_ NSPS # C- \_\_\_\_\_

Patrol affiliation: \_\_\_\_\_

Your address: \_\_\_\_\_  
\_\_\_\_\_

Your email: \_\_\_\_\_



**Refresher location:** Gaylord High School – **September 25, 2010**

**Registration fee:** \$15.00 if received before **September 15, 2010**  
(\$10.00 for instructors who are working the refresher)

**Late registration fee:** \$40.00 (for everyone) if received after **Wednesday September 15, 2010.**

**One form per patroller, please. Couples/families may send a single check, but each person must complete a separate form.**

Total payment due: \$ \_\_\_\_\_ Registration fee  
\$ \_\_\_\_\_ Total enclosed

- Mail your:
- 1) Check, made payable to “NSPS” (no cash)
  - 2) Completed registration form
  - 3) Current OEC card (not your 2010 NSP registration card)
  - 4) Signed liability release form

To: Lynne Smetzer  
615 E. Main St.  
Gaylord, MI 49735